

# 'Making a Mark'

## Mark Holder Social Impact Declaration

### Midlands Psychology CIC

Midlands Psychology is a Social Enterprise, staffed and run by experienced clinicians, whose core business is improving psychological health and emotional well-being and, by doing so, contributing to the development of healthier communities.



We offer tried and tested mental health and support services which are values-based and benefit from a strong focus on local services and partnerships with service users.

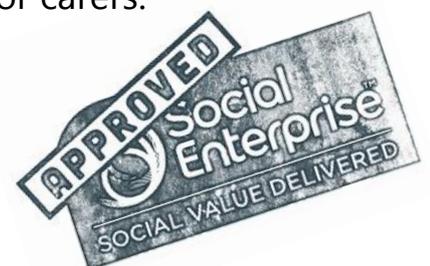
The Social Enterprise Mark criteria includes a requirement for all applicants and renewing Mark Holders to provide 'social impact statements', which illustrate how they are striving to meet their social/environmental objectives. Below are examples of how **Midlands Psychology** is Making a Mark, striving to make a difference to society:

### Social inputs – supporting services in local settings

We provide a range of services to over **1,200** children and young people with autism, and their families, per year. We are committed to providing services in local settings and have continued to open new community facilities to enable families to be seen within their own neighbourhoods, or as close as possible to where they live.

We have an 'open access' policy for all families whose children have a diagnosis of autism, enabling them to have direct access to a clinician. We also offer social activities and group opportunities for our young people, as well as training and support to their parents or carers.

Email: [enquiries@midlandspsychology.co.uk](mailto:enquiries@midlandspsychology.co.uk)  
Website: <http://www.midlandspsychology.co.uk/>  
Phone: 01785 748447



## Social outputs – training and support programmes

We offer programmes of training and support to young adults who have learning disabilities and/or autism to develop their independent living skills.

In 2015, four young adults completed courses in independent living; specially developed programmes to facilitate their transition into independent living. These included skills such as shopping, cooking, money management and using public transport, as well as participating in 'short breaks' with Midlands Psychology. All were successful and are now happily settled in their new homes, with our continuing support from our support workers.

We are now preparing to welcome the next 4 young people to our Supported Living facility at Avon Rise, Stafford. We have worked hard to involve other residents in the neighbourhood through a series of consultation events, and are proud to have achieved a huge turnaround in attitude towards people who have disabilities or other 'differences'. We are also using Avon Rise to support the local NAS Social Programme for adults with autism.

## Social outcomes – preventing re-offending



Ten-19



The Ten-19 Service provides community mental health and well-being services to young offenders and their families and carers.

Peer mentoring offers young offenders the opportunity to engage in pro-social friendships and activities – critical in preventing re-offending. Programme evaluation shows that local volunteer mentors have benefited as much as the offenders, in terms of confidence and sense of competency. Furthermore, whilst the youngsters benefit from having improved emotional health, the whole community benefits from reduced rates of anti-social and criminal behaviour, making the social impact of this service deceptively broad.

Email: [enquiries@midlandspsychology.co.uk](mailto:enquiries@midlandspsychology.co.uk)  
Website: <http://www.midlandspsychology.co.uk/>  
Phone: 01785 748447

