

'Making a Mark'

Mark Holder Social Impact Declaration

Nature Workshops

Earth Health Ltd trading as Nature Workshops is a training agency using the best classroom, the natural world.

We are a social enterprise using the natural world for fun, health, well-being and learning. We are a training agency for leaders working on land and by or in water.

Any profits we make are spent on bringing our services to people who for whatever reason are at the edges of society. We are helping to prepare people for climate change, to respect the earth's resources and understand our roles, rights and responsibilities.



The Social Enterprise Mark criteria includes a requirement for all applicants and renewing Mark Holders to provide 'social impact statements', which illustrate how they are striving to meet their social/environmental objectives. Below are examples of how **Nature Workshops** is Making a Mark, striving to make a difference to local communities:

Providing access to natural spaces for learning

We work with vulnerable and disadvantaged people across UK providing access to natural spaces for learning and growing. We have had the research of our work published and this shows both qualitative and quantitative changes in peoples feeling of wellbeing and physical health.

We recently conducted two pieces of research to measure the impact of

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our immersive activities on the participants. To achieve this, we used pre and post intervention interviews to gather the views of those involved.

Feedback included:

"We haven't picked up any poor behaviour around the school at all. He'd have picked up one detention a week, which he was doing, and he's not now. He's doing lovely."



[Please click here to read our blog for more details.](#)

Providing accredited and non-accredited training

Last year we had over **100 people** attend our training.

We have received grant support to work with vulnerable people and this accounts for approximately half our income. The other half of our income comes from the delivery of both accredited and non-accredited training, from which any profits are reinvested into bringing our services to people who for whatever reason are at the edges of society. We are helping to prepare people for climate change, to respect the earth's resources and understand our roles, rights and responsibilities.

Outcomes of activities

All the graduates of our Level 3 Forest School course have now established themselves as successful self-employed Forest School Practitioners.

Our success with a small grant led to a further much larger grant, from the Big Lottery Fund, to support all children with disabilities in Cornwall having access to the natural world. This was voted for by the public, as part of the [People's Projects](#), and the ITV coverage helped to raise our profile, both locally and nationally.



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