



'Making a Mark'

Mark Holder Social Impact Declaration

Crisis Ltd



Crisis provides counselling and support to people who need it when they need it. The organisation was founded in 1996; over the years it has evolved into a thriving social enterprise and has since supported over 33,000 individuals.

There are a number of individuals and families, regardless of their background or origin, who are increasingly experiencing difficulties coping with modern day living. We provide early intervention, specialist therapeutic services and non-time limited support to these individuals.

The diversity and range of clients coming to Crisis for help has expanded such that we do not have a 'typical' client. Our clients are children, adolescents and adults who come from a wide geographical area.

The Social Enterprise Mark criteria includes a requirement for all applicants and renewing Mark Holders to provide 'social impact statements', which illustrate how they are striving to meet their social/environmental objectives.

Below are examples of how **Crisis** is Making a Mark, striving to make a difference to society:

Email: info@crisiscounselling.co.uk
Website: <http://www.crisiscounselling.co.uk/>
Phone: 0141 812 8474



Promoting mental wellbeing in the workplace

Crisis provides a range of services to assist organisations to fulfil their duty of care to their employees. These services focus on the mental health of employees, and we encourage companies to purchase key services from social enterprises that provide community benefits.

We have a portfolio of private and public sector contracts, which have been expanded to benefit communities.

Reinvesting income in counselling services

All income generated is re invested in our counselling centre, which provides face to face, telephone and Skype services, not only locally but across Scotland and occasionally internationally.



We invested in a training and Skype log cabin suite to enable us to reach disadvantaged people, such as those with geographic, physical and financial barriers to support, e.g. young and adult carers and veterans.

Supporting individuals at risk

We have supported **800** young people in the last year, 7% of whom have attempted suicide, 37% have self-harmed, and all at whom were at risk of mental health issues, family breakdown and exclusion.

We have also supported **1,100** adults, mainly with complex need and trauma. They continue to rebuild links with family, community and business.

On our 20th anniversary in May 2016, to date we had seen a total of **40,000** clients face to face funded by our business activities.

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