



MIDLANDS PSYCHOLOGY



THE SOCIAL ENTERPRISE MARK
TRADING FOR PEOPLE AND PLANET

'Making a Mark'

Mark Holder Social Impact Declaration

Midlands Psychology CIC

Midlands Psychology works to improve psychological health and emotional well-being and, by doing so, contribute to the development of healthier communities. We offer a range of assessment, therapeutic and support services to meet the needs of children, young people and adults.

Through the social enterprise model, we take an efficient, cost effective and flexible approach to delivering services, whilst retaining the values and principles of providing a public service. Our profits are re-invested for the benefits of our service users. Over the last year, 96% of income has been used in support/delivery of social purposes.



The Social Enterprise Mark criteria includes a requirement for all applicants and renewing Mark Holders to provide 'social impact statements', which illustrate how they are striving to meet their social/environmental objectives. Below are examples of how **Midlands Psychology** is Making a Mark, striving to create a positive impact on people and planet.

Social inputs – supporting children & young people

This year, we have increased the range of group interventions within our autism service, and we continue to meet the demands of a service covering age ranges 0 to 18 years. In May 2015, we presented at the 'Living Well with Autism' national conference where we were able to increase our professional network around sharing good practice in autism.

Email: enquiries@midlandspsychology.co.uk
Website: <http://www.midlandspsychology.co.uk/>
Phone: 01785 748447





In April 2015, we were awarded the Ten 19 contract again with Staffordshire County Council, where we provide emotional and mental well-being support for children and young people who are involved in the Youth Justice System or at risk of entering the Criminal Justice system.

Our supported living service has continued to develop, increasing the capacity to provide courses aimed at developing life skills for young people with autism and/or learning disabilities to live as independently as possible in a supported living environment. We also continue to provide psychological services to looked after children in Birmingham, providing one to one support and staff training from Clinical and Assistant Psychologists.

Social outputs – key measures of support provided

The autism service has delivered a total of over **1,580** assessments, individual and group interventions throughout the last 12 months. We have increased the locality clinics to enable us to see even more families closer to their home, with clinics now being held in local GP surgeries.

The supported living service provides support and courses to 12 young people within Staffordshire, who are now either being supported to live independently as possible or working towards that goal, making a huge difference to their lives, living and working in their local community and being part of that community.

The Ten 19 service has received **57** referrals and completed **667** consultations with young people and their youth offending workers.

Social outcomes – improving lives and prospects

Young people are continuing to make improvements in their lives while engaging with Ten-19. This includes accessing employment and education, decreasing substance use, improving family relationships, improving attendance at professional appointments, or securing accommodation and moving to independent living.

Email: enquiries@midlandspychology.co.uk
Website: <http://www.midlandspychology.co.uk/>
Phone: 01785 748447

