



MIDLANDS PSYCHOLOGY



THE SOCIAL ENTERPRISE MARK
TRADING FOR PEOPLE AND PLANET

'Making a Mark'

Mark Holder Social Impact Declaration

Midlands Psychology CIC

Midlands Psychology is a social enterprise built on community values and partnership. We offer tried and tested mental health and support services, which are values-based and benefit from a strong focus on local services and partnerships with service users.

We work to improve psychological health and emotional well-being and, by doing so, contribute to the development of healthier communities.

Through the social enterprise model, we take an efficient, cost effective and flexible approach to delivering services, whilst retaining the values and principles of providing a public service. Our profits are re-invested for the benefits of our service users.

The Social Enterprise Mark criteria includes a requirement for all applicants and renewing Mark Holders to answer a set of social impact questions, which illustrate how they are striving to meet their social/environmental objectives. Below are examples of how **Midlands Psychology** is Making a Mark, striving to create a positive impact on people and planet.



Social inputs – supporting children & young people

We offer a range of assessment, therapeutic and support services to meet the needs of children, young people and adults. We aim to help improve their mental health and emotional well-being and, through our on-going programmes of support, to empower them to sustain these improvements into the future.

Email: enquiries@midlandspsychology.co.uk
Website: <http://www.midlandspsychology.co.uk/>
Phone: 01785 748447



In 2017/18 we continued to develop and increase our diverse range of group interventions to ensure we meet the needs of our population, with new groups running for parents and carers of children who have highly challenging behaviour and those whose children have feeding disorders, both of which have been in high demand from our service users and have been achieving excellent outcomes.

We also worked hard throughout the year to continue to raise awareness in the communities where we work, including holding a series of events for International Autism awareness week in April 2017.

Example measures of support provided

Demand remains high for both assessments and interventions in our autism service. During the 2016-17 contract year, we received a total of **2,185** referrals, an average of **182** new referrals per month. This equates to approx. **11,000** individual children, siblings and parents.

Our Ten-19 service has worked with **60** young people over the last year, who were referred through the Staffordshire Youth Offending Team. The Ten 19 team also work closely with their families, helping them to support their children from re-offending in the future.

Our Au-sums education group is growing month on month and now has **55** members, with at least 10 children and their parents regularly attending the weekly groups and parent support meetings.

Outcomes of activities for key stakeholders

- **Individuals** - improved mental health and emotional well-being, as demonstrated using a range of measures; access to appropriate activities and opportunities
- **Community** – more resources where needed; more facilities; easier access to support; greater awareness of others; meaningful involvement in supportive activity
- **Other stakeholders** - Greater awareness; training opportunities; opportunities for 'joined-up working' and thinking; access to support and appropriate provision

Email: enquiries@midlandpsychology.co.uk
Website: <http://www.midlandpsychology.co.uk/>
Phone: 01785 748447

