‘Making a Mark’

Mark Holder Social Impact Declaration

3 Spirit UK

3Spirit UK is a social enterprise specialising in training and consultancy services for the social and healthcare sectors. Our aim is to generate new and innovative ways of learning in the health and social care sector.

We believe we have a collective responsibility in our sector to ensure that corporate gains are fair and equitable, and to ensure that leadership strategies maintain a commitment to human rights whilst balancing proportionately business demands and the needs of the individual.

Through education and collaboration, we aim to empower both front line services, and those in leadership roles to maintain an inclusive, human rights-based approach. We aim to encourage innovative approaches that exploit the benefits of working with diverse communities and promote the rewards of working in care and support services. We achieve this through offering a range of learning opportunities, face to face and accredited courses.

The Social Enterprise Mark criteria includes a requirement for all applicants and renewing Mark Holders to answer a set of social impact questions, which illustrate how they are striving to meet their social/environmental objectives.

Below are examples of how **3 Spirit UK** is Making a Mark, striving to create a positive impact on people and planet.

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3SpiritUK

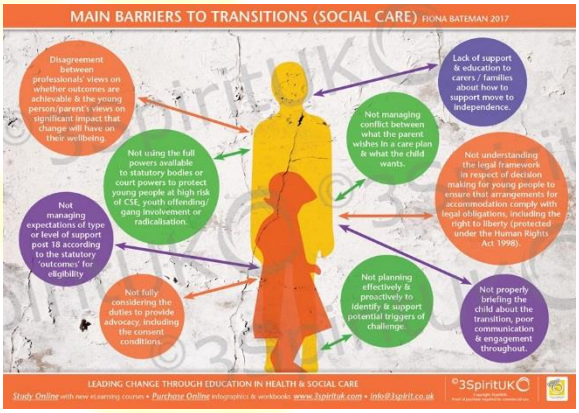
Improving the quality of social care

We aim to improve the quality of social care through education. We aim to educate services and/or unpaid individuals to work positively with people who are vulnerable/ or at risk to:

- Regain independence
- Have more control over their lives
- Be connected to other more
- Improved wellbeing
- Prevent avoidable admission to hospital

Providing training and learning resources

To achieve this, we have produced a range of learning resources which are used widely to educate. We share these through social media platforms, and in our busiest month, March, our tweets were shared 12,000 times.



We have delivered a number of courses across 70 different topics. During 2018 we delivered over 427 training sessions. During this time, we trained over 7,000 people.

Impact of our services on the social care sector

The care community has benefited from our training. We have asked people directly what difference our training services have made to their work and/or lives:

ANSWER CHOICES	RESPONSES	
enable people to feel more included who may be at risk of exclusion	45.61%	26
to tackle loneliness	40.35%	23
to delay admission to hospital	33.33%	19
to reduce the risks of further physical / mental health decline	56.14%	32
to improve the wellbeing of individuals that may be vulnerable or 'at risk' in our community	75.44%	43
to safeguard and/or prevent abuse	56.14%	32
to enable people to regain independence	47.37%	27
to promote rights through supported decision making	52.63%	30
to develop capacity for resilience	43.86%	25
Total Respondents: 57		

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APPROVED