

'Making a Mark'

Mark Holder Social Impact Declaration

UK Counselling Network CIC

UK Counselling Network is an award-winning social enterprise with a mission is to make quality therapy available to everyone across the United Kingdom.

We are a social enterprise, which means that our primary purpose as an organisation is to offer a service to our community. Any profits made are invested back into the services we offer to ensure our clients get the best possible outcomes from their therapy.

The Social Enterprise Mark criteria includes a requirement for all applicants and renewing Mark Holders to answer a set of social impact questions, which illustrate how they are striving to meet their social/environmental objectives.

Below are examples of how **UK Counselling Network** is Making a Mark, striving to create a positive impact on people and planet.

Making high quality counselling accessible to all

We believe in the power of counselling and psychotherapy to support people in optimum mental health functioning. We aim to make high quality counselling and psychotherapy available and accessible to all.

Email: hello@ukcounsellingnetwork.co.uk
Website: <https://ukcounsellingnetwork.co.uk/>
Phone: 0113 285 2899



We do this by offering affordable and online counselling that overcomes the two main barriers to therapy, i.e cost and availability in the local area.

Helping clients move away from psychological pain

We believe our work helps clients find autonomy and agency so that they have increased options for healthy functioning.

Anecdotal evidence and client testimonials show that our work has helped clients move away from psychological pain. We also believe that our work supports clients in creating better relationships.



"I just wanted to get in touch to say how much your business has helped me. I was in an awful place 7 weeks ago and I reached out for help, and you delivered. I wasn't holding out much hope, but you've exceeded expectations."

This is typical of the type of change reported by our clients.

Reinvesting profits into improving services

We are a Community Interest Company (CIC), which is a type of social enterprise. We reinvest any profits in improving our low-cost and accessible counselling services.

In 2020/21, we have reinvested profits in the following ways:

- Increasing the provision of free supervision groups to support the development of our volunteer placements
- Providing training bursaries to students from underrepresented backgrounds
- Providing free and subsidised CPD training to placements

Email: hello@ukcounsellingnetwork.co.uk
Website: <https://ukcounsellingnetwork.co.uk/>
Phone: 0113 285 2899

